



President's Message

Fall greetings, my Charmette sisters!

While our northern sisters are enjoying the changing leaf colors and the cool breeze of autumn, we southerners are still basking in the evergreen beauty of palm trees and just a hint of a break in the warm weather. Whatever the temperature in your local vicinity, Charmettes are "on fire", feverishly embracing this new chapter year, welcoming new members and hosting Breast Cancer Awareness activities.

This new year has as its foundation the September Executive Board Retreat and the Chapter Presidents Retreat where your leaders were inspired and invigorated. We were reminded of the tenets which have sustained our organization for these 72 years and discussed the vision for the amazing future which awaits us. Recreational activities, including a bowling tournament and a dance contest, brought us much laughter and relaxation, yet prompted an abiding camaraderie which will propel us forward. Coupled with these internal events are several meetings with Convention planners, hotels, and other liaisons who are assisting us with planning our Million Dollar 68th Annual National Convention. Gather your confetti and noise-makers as we anticipate sharing in a grand "Convention Reveal" Party within the next few weeks wherein all of our Charmette sisters will be able to celebrate the grand news in a collective fashion. A "Save the Date" will be coming your way very soon.

Finally, I also convey to you the greetings of Dr. Carla Williams and the leadership of the Howard University Cancer Center, woith whom we met when Vice-President Wanza D. Sermons-Lee and I delivered our 2023 national contribution to HUCC. Dr. Andrea Hayes Dixon, the 1st female Dean of Howard's College of Medicine, did not miss the opportunity to greet us, together with several staff members and patients who expressed their appreciation for the four decades of continuous support which we have provided. In the words of Dr. Williams: "The Charmettes believed in us when no one else did."

The Executive Board congratulates all of our chapters who have taken the new year by storm, installing new officers, initiating new members, and implementing a myriad of educational and lucrative endeavors intended to eradicate cancer within our lifetime. Most noteworthy is the support which chapters are extending to one another, offering physical attendance and financial contributions for one another's events. You are exemplifying the true bonds of sisterhood which our founders demonstrated and taught.

I encourage you to savor each moment of sisterhood during this season because the holidays and new year will approach more quickly than we can imagine. Remember that "Sweater weather

is better together." Unknysm.us:

www..thecharmettesinc.org





The Spotlight

Marketing Planning Tips

Our National Officers got a chance to team up with Mrs. Kamali-Ann Burke, workshop presenter, to brainstorm some genius marketing tactics to elevate our organization's profile to new heights!



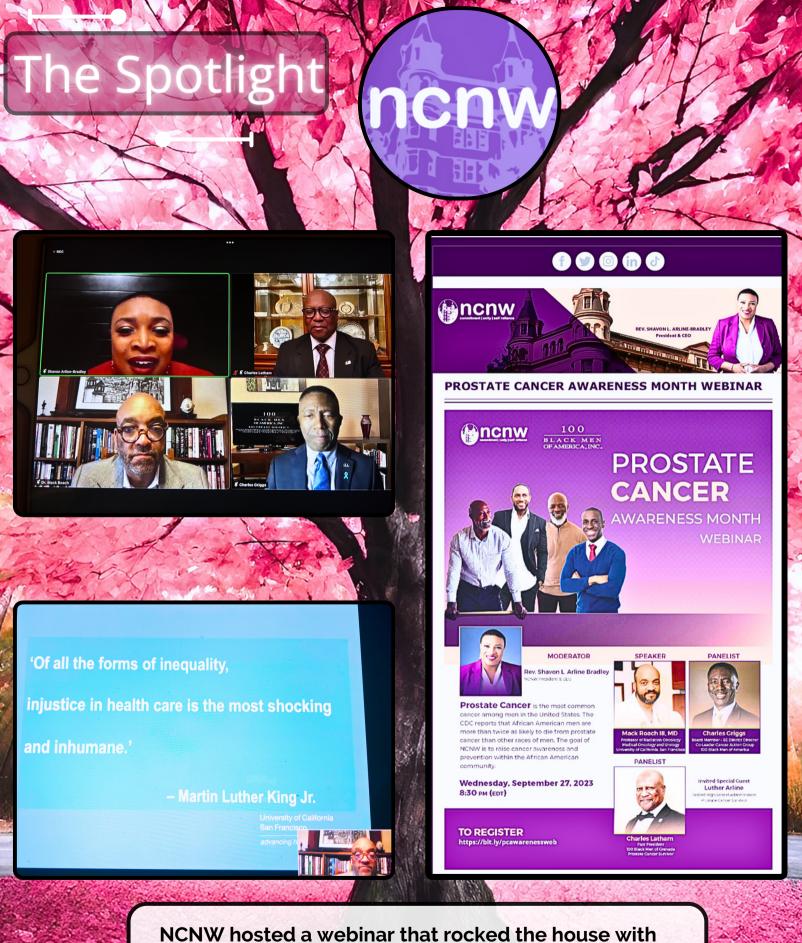
Amidst the currents of goodwill, the Miami Dade, Broward, and Palm Beach chapters have woven strands of enchantment, gifting the National Officers with tokens of their affection. Such delightful offerings and warm salutations shall kindle the embers of camaraderie, evoking a sense of kinship amidst the winds of change.

Behold! Miami Dade has
Behold! Miami Dade has
Behold! Miami Dade has
Behold! Miami Dade has
bestowed upon all a precious
bundle of joy!

President Howard of Palm Beach County
sends a sunny hello our way!

We received a warm welcome from the Miami-Dade Chapter, complete with fabulous gifts!

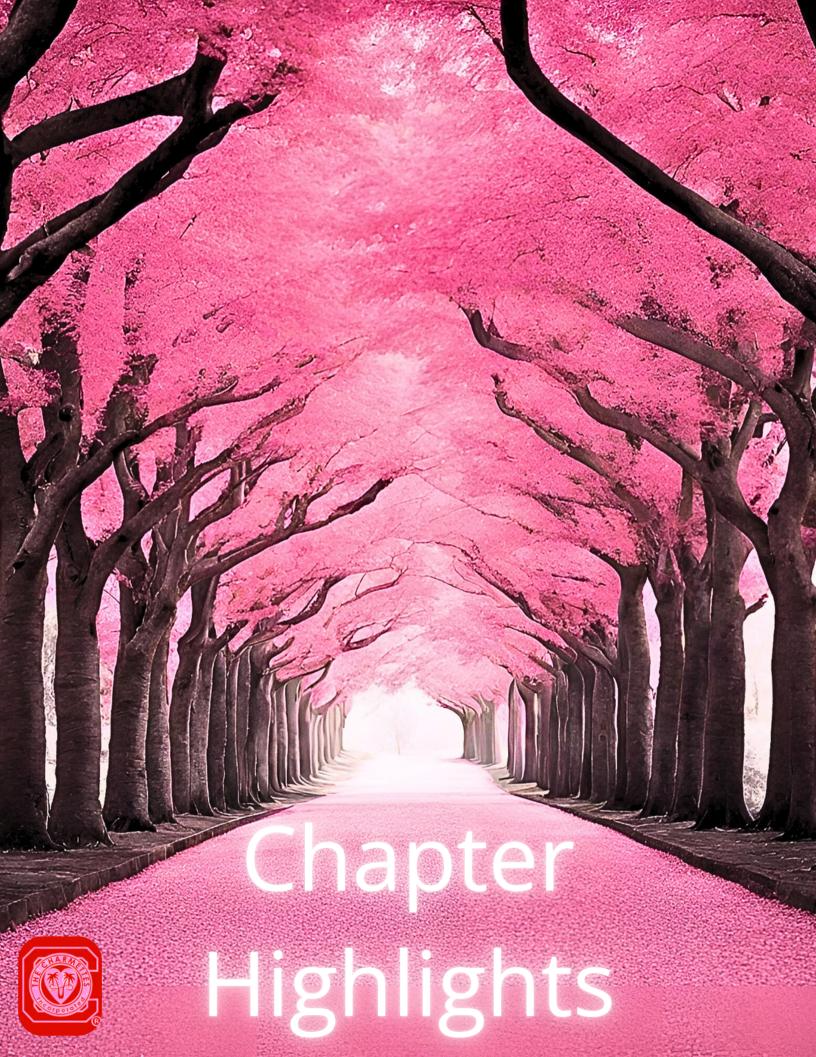






powerful survivor stories and insightful expert advice from Dr. Mack Roach III. The focus? Raising awareness for Prostate Cancer.





Hillsborough County Chapter

Sisters Network Tampa Bay September 30,2023

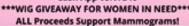


Let's Join Together As A Community To Support Our Fighters, To Celebrate Our Survivors & To Honor Our Taken Warriors. Bring Your Family And Friends To Walk The Neighborhood And To Support Early Detection Through Mammograms...

Breast Cancer Walk



Walk begins @ 8:00-10:00am Place- Heaven Destiny Church 4104 E. Ellicott St. Tampa FL. 33610 Registration \$25.00 Cash App \$SNTB19





FOR REGISTRATION INFORMATION PLEASE CALL SELINA@ 813-415-1565 WWW.SISTERSNETWORKTAMPA.ORG





Breast Cancer activities for The Hillsborough County Chapter.

Hillsborough **County Chapter of** The Charmettes, Inc. partnered with Sisters **Network for Breast Cancer** "Honk For A Cure" Walk

Support the Hillsborough **County Chapter** of The Charmettes.Inc.! **Making Strides Against Breat** Cancer of Tampa! Join our Team!





Hillsborough County Chapter





County
Chapter of
The
Charmettes,
Inc. partnered
with Sisters
Network of
Tampa Bay
for their
Annual Wig
Giveaway







Atlanta Metropolitan Chapter



On Saturday October 7th the Atlanta Metropolitan Charmettes had the pleasure of volunteering at the Emory/Atlanta Hope Lodge celebrating 25 years.



Atlanta Metropolitan Chapter



The American Cancer Society Hope Lodge program provides a free home away from home for cancer patients and their caregivers. More than just a roof over their heads, it's a nurturing community that helps patients access the care they need. Each Hope Lodge community offers a supportive, homelike environment where guests can share a meal, join in the evening's activities, or unwind in their own private room. Patients staying at a Hope Lodge must be in active cancer treatment and permanently reside more than 40 miles away





Duval County Chapter



The Duval County
Chapter hosted an
annual "100 Women
in Pink"event... The
event was a
reminder that when
women come
together, they can
make a difference in
the fight against
breast cancer.













Treasure Coast Chapter



Treasure Coast Chapter of the Charmettes Inc. started our New Year off with a retreat trip to New Smyrna, Fl from 9/22-9/24. What a joyous time we had bonding!



Memphis Metropolitan Chapter









The Charmettes, Inc.
Memphis Metropolitan
Chapter is ecstatic to
announce the induction
of 14 new members
into their sisterhood.

The event was
electrifying with the
surprise presence of
National President
Cecily Robinson-Duffie,
Vice-President Dr.
Wanza Sermons-Lee,
and former Executive
Director Lisa LangHannah.

The National President and Vice President presented the new members with their pins and welcomed them warmly.

Furthermore, the esteemed Joyce Walker, chapter sponsor, was accorded a hero's welcome for her tremendous contributions. It was an unforgettable day for The Charmettes, Inc. and an opportunity for the Memphis Metropolitan Chapter to shine.

Memphis Metropolitan Chapter













Memphis Metropolitan members marched to the beat of hope on October 15, 2023, joining forces with Strides Against Breast Cancer to support survivors. Our Chapter Survivors proudly walked alongside, heartening us with their presence.

On October 26, 2023. Memphis Metropolitan Chapter's own health care professionals and survivors hosted a Breast Cancer Awareness webinar entitied "Let's talk Pink!" to discuss risks, screening, treatment, nutrition, and share personal survivor stories. The webinar was insightful and informative for those in attendance.

Rallying together on October 27th, 2023, our awesome chapter members teamed up with Sherwood Elementary School's "Read for the Record" day. With a spellbinding book in hand, they captivated the minds of many students and even snapped some pics for Pink Ribbon Day!



Lake County Chapter



Lake County Chapter started the year off with an Executive **Board Meeting to** begin planning for our promising 2023-2024 year



Lake County Chapter of The Charmettes Incorporated supported Christian **Worship Center, one** of the local church in our community in the Walk to find a Cure 2023 on Saturday, October 14th.



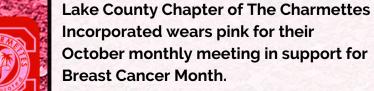
















Miami-Dade County Chapter



The Miami-Dade Chapter of the Charmette's hosted their first event of the year, entitled Dillard's Day, on Saturday, October 7, 2023. This was a collaborative event between the chapter and retail giant in honor of Breast Cancer Awareness month.

Dillard's Day was held at Pembroke Lakes Mall and featured runway models in honor of cancer survivors. These models wore clothing items from some of the finest designers and walked and modeled stylish, fashionable clothing items, while their survival stories were narrated simultaneously as the show.

Just imagine how beautiful of an event that was; walking in honor of an actual survivor and in some cases, the actual survivor walked themselves.

On Saturday, October 14, 2023, The Miami-Dade Chapter of the Charmettes, uniquely collaborated to Lace Up in pink, in honor of cancer awareness and as a reminder that we are fiercely working towards a cure for cancer.

With family and friends near and far, the Charmettes all took part in the effort to lace up for a cure and kick cancer event. They showed their support by wearing pink shoes laces, which displayed their individual spirit. There were even participants as far away as Maryland supporting the cause, and furbabies (animals) engaging in the spirited activity.

Charmette sisters were gifted with laces in their gift bags at their annual and long awaited retreat this past August. What a perfect way to add to the festivities in this worldwide known month of Pink October. The event was an opportunity to connect and serve as a reminder of the efforts and goal as an organization.

Miami-Dade County Chapter



Fall Into Remembrance..



Honoring the life of Charmette Shirley Hall: A Beloved Member of Our Miami-Dade Chapter

The Miami-Dade Charmettes are putting their charm to work for a good cause! They recently hosted a "Pink Hat/Tie Tea" to raise funds for cancer research. But hold onto your hats (or pink ties) because these lovely ladies aren't done yet! They're brewing up a "Say BOO! to Cancer" event that's sure to give cancer the spooks. Keep your eyes peeled for more details.



South Carolina Midlands Chapter



President - Willease Willians, State Chapter NCNW & Catherine Lewis



Dr. Lois Keith & Rev. Shavon Arline-Bradley & President Lewis



South Carolina Midlands
Chapter kicked off their
Chapter year by inducting
two (2) new members into
the chapter in September.
Newly installed members
of the chapter, Elaine
Renwrick and Dorothy
Rose, enjoyed Charmetteo
knowledge, strategic
planning, fun and
networking activities.

On Tuesday, October 3,

South Carolina Midlands

visited the Medical

Chapter was invited by the

University of South Carolina (MUSC) Hollings Cancer Center in Charleston, South Carolina. The purpose of this event was to tour the cancer center and,

acknowledge and support the Chaptelr as they continue to help further the

organization's mission of educating and raising awareness in the Midlands about of breast cancer and other cancers. Hollings Cancer Center held a reception in their honor



Charmette Catherine & Charmer Harvey Lewis



Newly Installed Members
Dorothy Rose & Elaine Renwrick







SC Midlands Chapter at Hollings Cancer Center

South Carolina Midlands Chapter







◆ October 21st Participated in Pain to Triumph 3rd Annual Mimosas and Mammograms at the Print Building in Columbia, South Carolina. During the event SC Midlands Chapter promoted the campaigned "Good Health Wins."



October is Breast Cancer Awareness Month. The South Carolina Midlands Chapter, to raise awareness of this deadly disease, participated in the following events.

October 8th

SC-Midlands Chapter participated in Pink **Ribbon Day with First Nazareth Cancer Support Ministry at** First Nazareth Baptist Church, Members were given breast cancer lapel pins and ribbons, survivors were recognized, and a pink ribbon wall in memory or honor of a relative or friend who has been affected by cancer.

** October 14th
The Chapter
participated in 2023
Walk for Life and
Famously Hot Pink
Half Marathon at
Segra Park in
Columbia, South
Carolina

Leon County Chapter









Leon County Chapter

The Leon County
Chapter members
dedicated our time,
talent and passion
toward a host of
community activities,
including those
related to October
being Breast Cancer
Awareness Month
and our signature
Debutante
Presentation and
Ball.
Here's a round up of

Our Sisters joined the American Cancer Society and Florida Blue for a Lunch & Learn on Breast Cancer/Prostate Cancer Awareness this past week.

those activities:

when our Sisters participated in the 2023 Making Strides Against Breast Cancer event.

Leon County Chapter



The Leon County Chapter is hard at work preparing for our signature Debutante Ball and Presentation event to be held next year.

Dozens of parents and a host of impressive young women turned out for our recent interest meeting.

It was a great opportunity to share our dedication to providing a memorable and dazzling event that will make memories for a lifetime.

During the meeting, attendees heard about our history and what Debutantes will need to make the most of their experience, including fundraising.

This event is one of the most sought-after events of the calendar year. We are encouraged by the interest and look forward to continuing this tradition.

For those who were not able to attend the inperson meeting, our Chapter hosted a virtual meeting that was well received.

North Carolina Chapter

NORTH CAROLINA CHARMETTES

"Breast Cancer Awareness Challenge"





North Carolina Charmettes – "Be A Buddy, Not A Bully" Community Project with Kindergarten – 5th Grade The North Carolina
Charmettes in
support of Breast
Cancer Awareness
Month sponsored a
"fundraising" project
to support our
mission to fund
Howard University
and to provide
support to area
Cancer Center.

The members provided support at an area school's afterschool tutorial program to promote building and support "Mental Health" in the early years.

The presenters provided an interactive workshop for K-5 students on using "Kind Words". A Kind tree is in the background is designed to foster using "KIND WORDS"!



St. Johns-Putnam-Flagler Chapter







ecognition of Honorees:

Special Recognition:

Charmette Willie Willis

Charmette Doris Blackshear (Chapter Sponsor)

Charm is the Essence of a Woman's Power

The St. Johns-Putnam-Flagler Co. **Chapter of The** Charmettes, Inc. hosted our annual Flossie W. Dixon "I Can Cope" luncheon honoring a recipient from St. Johns, **Putnam and Flagler** Counties who is or has been coping with challenges in their lives. The theme for the luncheon was "Coping with Life's Challenges".

This year's recipients were:(Putnam)Mrs. Lillian R. Kemp. Mt. **Tabor First Baptist** Church, Palatka, Fla., (St. Johns) Ms. Audrey Denise Williams, Gethsemane **Missionary Baptist** Church, Hastings, Fla., (Flagler) Mrs. Bobbie **Edwards Stroman, St.** Paul A.M.E. Church, St. Augustine Fla. We also honored two of our own Charmettes. Charmette Wilie Willis Steward and our Chapter sponsor, **Charmette Doris** Blackshear.



St. Johns-Putnam-Flagler Chapter



The luncheon was held at Mt. Tabor First Baptist Church, Palatka Fla on Saturday October 7th from 11am-1pm.

The theme speaker was Rev. Sandra Gilyard,
Pastor of St. James A.M.
E. Church, Welaka, Fla.
and Mrs. Terricena Flagg
from the Putnam County
Health Department
shared with
us some Healthy Tips on
our heart, and the
importance of being
screened for Breast and
Colon Cancer.













Washington D.C. Metrpolitan Chapter



The Washington DC
Metropolitan Area Chapter
hosted a Harlem
Renaissance Tea in May
2023 at Word of God Baptist
Church in University Park
Md.

Each table was named after an individual from the Harlem Renaissance period. Pictured are Charmettes Mae Galloway, Marilyn Brewster-Whitted, Patricia Palmer, Gloria Myrick, Evelyn Clark, Audrey Small Middleton, Vanessa Watson-Long and Joan Douglas Jordan (seated)







Pictured are Charmette Marilyn Brewster-Whitted and Pastor Kris Nateson of Love AME Church in Largo Md. The Church's food pantry was the recipient of our Annual Cereal Drive spearheaded by Charmettes Marilyn Brewster-Whitted and Mae Galloway.

Richmond Metropolitan Chapter



Richmond Metropolitan Chapter NEW MEMBERS INDUCTION

It was a warm
Saturday morning on
September 9,2023,
when a group of
women all dressed
in uninterrupted
white attire entered
Eggspectation
Restaurant for an
Induction Ceremony
and a Rededication
Ceremony.

Three women were poised as they affix their signature in our membership book, and vow was taken, each were pinned by their sponsor and accepted as members to this organization.

What an incredible ceremony!
Attending chapter members reaffirmed their commitment and dedication to the chapter and organization during the Rededication Ceremony.

Presented By: Richmond Chapter of The Charmettes, Inc.





After all expenses, proceeds will benefit cancer education, early detection, and research!

Respond to the Charmette who invited you by September 1st!

Soiree Game Day

Saturday, September 16th, 2023 3:00-6:00pm

St Philip's Episcopal Church

2900 Hanes Ave, Richmond, VA 23222

Join us for an evening of fun, fellowship, and games of your choice! Spades, Scrabble, Bid Whist, Pokeno, and More!

Admission: \$25

Tax deductible charity donation includes a delicious hot southern meal and homemade desserts!

FUND RAISING ACTIVITIES

A Soiree Game Day was planned and organized for September 16, 2023, games, door prizes and food were enjoyed by our guests and members.



Richmond Metropolitan Chapter

and Vision Focused Training & Consulting, LLC Breast Cancer Presents: Mental Health & Wellness and Mastectomy Strategies Support 2023 Family Health Symposium Celebratina Prostate the Family Cancer Health through Good Thursday, October 12, 2023 Awareness Health & 7:00PM - 8:30PM



Survivors Janice Pankey, Delores Murray, Joyce Oliver, Lea Wyche & Carolyn Mosely with Other Members



COMMUNITY SERVICE INVOLVEMENT

A Family Health Symposium webinar was held on October 12, 2023, a Mental **Health Professional** provided information on signs symptoms, resources, selfhelp/care and data as mental health/illness relates in our communities. A wellknown Urologist presented a PowerPoint on **Prostate Cancer. A** VCU doctor, presented information and statistical data on breast cancer. A retailer presented mastectomy support items. Trivial **Questions & Answers Activity with winners** receiving gift cards. **Women in Pink**

During our October
Chapter meeting, six
cancer survivors'
(members) were
honored, 4 are
survivors of breast
cancer and all
received gifts and a
pink rose.



Broward County Chapter







The Broward County Chapter of The Charmettes, **Incorporated Cancer** Tea











The Broward County Chapter 4









On October 14th, 2023 **The Broward County Chapter of The** Charmettes, Incorporated where CharmetteTara Morgan-Johnson presides as president hosted their annual Cancer Tea which was a tremendous success. This year's theme was **"Be Aware of The Risk Factors of Cancer**" presented by our keynote speaker Dr. Kassandra M. Bosire, Family Medicine, and Community Health. The event was chaired by Charmette Dr. Bennie Moultrie who put together an awesome program. Many thanks to all the committee members who served to make it a success.

